

# Curriculum Vitae

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## Ahmad Pourabbas

-MS, Instructor of Curriculum Studies, Department of Medical Education, Faculty of Medicine, Tabriz University of Medical Sciences, Tabriz, Iran

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## Background

### M.Sc. in Medical Education

Department of Medical Education, Tabriz University of Medical Sciences, Tabriz, Iran, 2016  
Thesis title: "Social accountability in medical education status in clinical educational departments of Tabriz University of Medical Sciences"  
Supervisor: Dr. Abolghasem Amini; Advisors: Dr. Mohammad Asghari

### M.Sc. in Nutrition

Department of Nutrition, Tabriz University of Medical Sciences, Tabriz, Iran, 2003  
Thesis title: "Assessment of Free L- Carnitine Levels in Type 2 Diabetic Women with and Without Complications"  
Supervisor: Dr. Jalil Baghdad chi; Advisors: Dr. Reza Mahdavi & Dr. Akbar Ali Asgar Zadeh

### B.Sc. in Nutrition

Department of Nutrition, Tabriz University of Medical Sciences, Tabriz, Iran, 1996

## Teaching Experience

- Program evaluation to M.Sc. Students
- Design, implementation and evaluation of training workshops to M.Sc. Students
- Instructional Design in Medical Sciences to M.Sc. Students
- Computers in education to M.Sc. Students
- Student evaluation to M.Sc. Students
- Professional Development Courses for Teachers
- Preparing for Scientific Olympiad of medical students

## Awards

- Achieving the top ranking in the 17<sup>th</sup> Shahid Motahari Educational Festival (Tabriz University of Medical Sciences, 2024).
- Top Researcher, Ilam University of Medical Sciences (2004)

## Management Experience

- Director of Medical Education and Development Center, Ilam University of Medical Sciences, Iran (2007-2010)
- Deputy Director of Medical Education and Development Center, Tabriz University of Medical Sciences, Iran (2013-2022)

## Research Projects

19. Psychometric analysis of General self-efficacy in the Use of Artificial Intelligence (GSE-6AI) Scale and its Relationship with the Academic and Demographic Characteristics of Medical Students (Co-worker)
18. Persian Translation and Psychometric Evaluation of the Artificial Intelligence use Self-efficacy Scale in Medical Students (Supervisor, M.Sc. student)
17. Quantitative and Qualitative Analysis of Exams of the departments of Basic Medical Sciences of Medicine Faculty of Tabriz University of Medical Sciences in the First Semester of 1402-1403 (Supervisor, M.Sc. student)
16. Analysis of general medical students' scores in comprehensive basic science and pre-internship exams at Tabriz University of Medical Sciences in 2019-2021. (Supervisor, M.Sc. student)

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15. Designing and Implementing a Bacteriology Educational Package Based on Scenarios for General Medicine Students and Evaluating the Students' Learning Rate Using the Basket Method. (Supervisor, M.Sc. student)
  14. Explaining the experiences of Maragheh nursing students from academic education during the COVID – 19 pandemics: A qualitative study. (Supervisor, M.Sc. student)

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13. based on responsive education from the perspective of students and graduates of Tabriz University of Medical Sciences. (Advisor, M.Sc. student)
12. Exploring the Experiences of Academic Motivation of Dental Students at Tabriz University of Medical Sciences: A Qualitative Content Analysis Study (Supervisor, M.Sc. student)
11. Evaluating the usability of the Navid National Electronic Learning System using a cognitive step-by-step method. (Supervisor, M.Sc. student)
10. Evaluation of the structure and implementation rate of curriculum plans at Tabriz University of Medical Sciences in 2021.
9. The effect of holding empowerment courses for committed faculty members in a combined method (face-to-face, online, and offline) on the academic skills of faculty members.
8. Comparison of methods of training residents in professional behavior in universities in Iran and around the world. (Advisor, M.Sc. student)
7. The effect of peer-based nutrition education on the knowledge of the elderly about nutrition in old age. (Advisor, M.Sc. student)
6. *Evaluating the usability of the Navid National Electronic Learning System using a step-by-step cognitive method.*
5. The effect of peer-based nutrition education on the knowledge of the elderly about nutrition in old age. (Co-worker)
4. *Audit of educational processes at the School of Nursing in Bukan.* Bukan
3. *Study of the status of responsive education in clinical departments of the Faculty of Medicine, Tabriz University of Medical Sciences.* Tabriz University of Medical Sciences. (Co-worker)
2. *Study of anthropometric indices in elementary and middle school students in urban and rural areas of Ilam suburbs.* Ilam. (Co-worker)
1. *Studying the effect of education on the level of nutritional and health awareness among kindergarten teachers in Ilam city.* Ilam.

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## Published Articles in Peer-reviewed Journals

17. Katebi, K., Ghaffarifar, S., Dehghani, G., & **Pourabbas, A.** (2024). Exploring the experiences of dentistry students of Tabriz University of Medical Sciences regarding academic motivation: A content analysis study. *BMC Medical Education*, 24, Article 245.
  16. Gholamali Dehghani, Y., Adib, Y., Alizadeh, M., Termeh Zonouzy, V., & **Pourabbas, A.** (2023). Design and validation of a clinical education curriculum pattern based on social accountability for the general medicine course: A mixed-method study. *Research in Medical Education*, 15(4), 72-85.
  15. **Pourabbas, A.**, Seyednazari Nayer, N., Naderfam Shapour, H., Hazrati Hakimeh, T., Taghizadieh, A., Fakhari, A., Ghafari, R., & Farnam, A. (2022). Identifying the selection criteria for elite lecturers in medical education: A qualitative study. *Depiction of Health*, 13(3), 286-295.
  14. **Pourabbas, A.**, Aliafsari Mamghani, E., & Ghaffarifar, S. (2023). Challenging nursing education during the COVID-19 pandemic: A qualitative content analysis. *Health Education and Health Promotion*, 11(3), 461-470.
  13. Mirzaei, M., Ghaffarifar, S., Nikniaz, L., **Pourabbas, A.**, & Salek Ranjbarzadeh, F. (2020). The effect of nutrition education by peers and health care workers on the knowledge of the elderly about healthy nutrition in Tabriz. *Aging Research Institute Newsletter*, 2(3), 8-9.
  12. Katebi K, Ghaffarifar S, **Dehghani G, Pourabbas A.** Exploring the experiences of dentistry students of Tabriz University of Medical Sciences of academic motivation: a content analysis study. *BMC Med Educ.* 2024 Mar 6;24(1):245
  11. Ghaffarifar, S., Asghari-Khatooni, A., Akbarzadeh, A., **Pourabbas, A.**, Seif Farshad, M., Masoomi, R., & Akbarzadeh, F. (2020). Teaching professionalism in medical residency programs: A scoping review protocol. *BMC Medical Education*, 20, 281.
  10. **Pourabbas, A.**, Amini, A., & Asghari Jafarabadi, M. (2020). The status of accountable education in clinical education departments of Tabriz University of Medical Sciences. *Research in Medical Education*, 12(2), 71-82.
  9. **Pourabbas, A.**, Amini, A., Fallah, F., & Asghari Jafarabadi, M. (2019). The status of accountable education in the Surgery Department, Tabriz, Iran. *Research and Development in Medical Education*, 8(1), 31-37.
  8. **Pourabbas, A.**, Amini, A., Fallah, F., & Alizadeh, M. (2015). Management of social accountability in medical education at Tabriz University of Medical Sciences. *Research and Development in Medical Education*, 4(1), 77-80.
  7. Gholami Parizad, E., Ranjbar, E., **Pourabbas, A.**, Eivazi, A. A., Ghazanfari, Z., & Ashrafi Hafez, A. (2013). Effective factors on stunted, underweight, and overweight secondary students in Ilam. *Iranian Journal of Nutrition Sciences & Food Technology*, 8(2), 231-238.
  6. Gholami Parizad, E., Khosravi, A., **Pourabbas, A.**, & Mahdizadeh, M. A. (2009). A study on the effective factors of bread wastes in Ilam urban bakeries (2006-7). *Journal of Ilam University of Medical Sciences*, 16(4), 8-17.
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5. Fallah, F., **Poorabbas, A.**, & Mahdavi, R. (2008). Investigation of serum levels of free carnitine and intake of carnitine and nutrients effective in its biosynthesis in hypercholesterolemic and normolipidemic men. *Iranian Journal of Diabetes and Metabolism*, 8(1), 55-62.
4. Baghdadchi, J., **Poorabbas, A.**, Fallah, F., Aliasgarzadeh, A., Asadi, Y., Koushavar Hossein, H., Vahed Jabbari, M., & Mahdavi, R. (2007). Assessment of free L-carnitine levels in type II diabetic women with and without complications. *Pharmaceutical Sciences, Autumn*, 19-26.
3. Fallah, F., **Pourabbas, A.**, Delpisheh, A., Veisani, Y., & Shadnoush, M. (2013). Effects of nutrition education on levels of nutritional awareness of pregnant women in Western Iran. *International Journal of Endocrinology and Metabolism*, 11(3), 175-178.
2. **Pourabbas, A.**, Fallah, F., Mahdavi, R., & Aliasgarzadeh, A. (2013). Correlation of serum free carnitine with serum ferritin and vitamin C levels in type II diabetic men. *Iranian Journal of Public Health*, 42(7), 767-774.
1. **Poorabbas, A.**, Fallah, F., Bagdadchi, J., Mahdavi, R., Aliasgarzadeh, A., Asadi, Y., Koushavar, H., & Vahed Jabbari, M. (2007). Determination of free L-carnitine levels in type II diabetic women with and without complications. *European Journal of Clinical Nutrition*, 61(1), 10-14.

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29. Gholami Parizad, E., & **Pourabbas, A.** (2006). Investigation of factors affecting bread waste in bakeries in urban areas of Ilam. In *Proceedings of the 9th Iranian Nutrition Congress*. Tabriz, Iran (Poster).
28. **Pourabbas, A.**, & Fallah, F. (2005). Nutritional importance of micronutrients in preventing chronic diseases of aging. In *Proceedings of the Nutrition, Health, and Hygiene Conference*. Vice-Chancellor of Education, Ilam University of Medical Sciences (Lecture).
27. **Pourabbas, A.** (2012). Comparative study of the performance of responsive education in the Department of Oral Health and Social Dentistry, Tabriz University of Medical Sciences, with the goals of the Ministry of Health's 2005-2009 Strategic Plan for Responsive Education. In *Proceedings of the 13th National Congress on Medical Education* (Poster).
26. Fallah, F., **Pourabbas, A.**, & Mahdavi, R. (2011). Effectiveness of nutrition education in type 2 diabetic patients. In *Proceedings of the 1st International & 4th National Congress on Health Education and Promotion*. Tabriz, Iran (Poster).
25. Fallah, F., **Pourabbas, A.**, & Mahdavi, R. (2011). Cardiovascular disease risk factors in blue-collar workers, Tabriz, Iran. In *Proceedings of the 1st International & 4th National Congress on Health Education and Promotion*. Tabriz, Iran (Poster).
24. Fallah, F., **Pourabbas, A.**, & Mahdavi, R. (2010). Study of the relationship between serum free carnitine and micronutrient intake in hypertriglyceridemic and normolipidemic men. In *Proceedings of the 11th Iranian Nutrition Congress*. Shiraz, Iran (Lecture).
23. Fallah, F., **Pourabbas, A.**, & Mahdavi, R. (2010). Comparison of serum free carnitine levels and mean carnitine and amino acids lysine and methionine intake in hypercholesterolemic and normolipidemic men. In *Proceedings of the 11th Iranian Nutrition Congress*. Shiraz, Iran (Lecture).
22. Fallah, F., **Pourabbas, A.**, & Mahdavi, R. (2010). Study of the relationship between serum free carnitine and the intake of carnitine and amino acids lysine and methionine in hypertriglyceridemic and normolipidemic men. In *Proceedings of the 11th Iranian Nutrition Congress*. Shiraz, Iran (Poster).
21. Fallah, F., **Pourabbas, A.**, & Mahdavi, R. (2008). Relationship between serum free carnitine and intake of vitamins C, niacin, pyridoxine, and iron in women with type 2 diabetes with and without chronic complications. In *Proceedings of the 10th Iranian Nutrition Congress*. Tehran, Iran (Poster).
20. Gholami Parizad, E., & **Pourabbas, A.** (2008). Study of anthropometric indices in middle school students in urban and rural communities of Ilam, 2005-2006. In *Proceedings of the Fifth Iranian Epidemiology Conference*. Sanandaj, Iran (Poster).
19. Gholami Parizad, E., & **Pourabbas, A.** (2008). The relationship between anthropometric indices and some social factors in elementary school students in urban and rural communities of Ilam. In *Proceedings of the 5th Iranian Epidemiology Congress*. Sanandaj, Iran (Poster).

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18. Fallah, F., **Pourabbas, A.**, & Mahdavi, R. (2006). Evaluation of serum free carnitine and intake of vitamins C, niacin, pyridoxine, and iron in women with type 2 diabetes with and without chronic complications. In *Proceedings of the 9th National Congress of Nutrition*. Tabriz, Iran (Poster).
17. Fallah, F., **Pourabbas, A.**, & Mahdavi, R. (2006). Evaluation of serum free carnitine levels in hypertriglyceridemic-hypercholesterolemic men compared to normolipidemic men. In *Proceedings of the 9th National Congress of Nutrition*. Tabriz, Iran (Poster).
16. Fallah, F., **Pourabbas, A.**, & Mahdavi, R. (2006). Comparative study of serum free carnitine levels and mean carnitine, amino acids lysine, methionine, and animal protein intake in hypercholesterolemic and normolipidemic men. In *Proceedings of the 9th National Congress of Nutrition*. Tabriz, Iran (Poster).
15. Fallah, F., **Pourabbas, A.**, & Mahdavi, R. (2006). Comparative study of serum free carnitine levels and mean intake of vitamins pyridoxine, cobalamin, niacin, ascorbic acid, and iron in hypercholesterolemic and normolipidemic men. In *Proceedings of the 9th National Congress of Nutrition*. Tabriz, Iran (Poster).
14. Fallah, F., **Pourabbas, A.**, & Mahdavi, R. (2004). Investigation of nutritional and biochemical iron status in hyperlipidemic men and its comparison with healthy men. In *Proceedings of the Eighth National Congress of Nutrition*. Tehran, Iran (Poster).
13. Fallah, F., **Pourabbas, A.**, & Mahdavi, R. (2004). Evaluation of serum free carnitine levels and intake of ascorbic acid, niacin, pyridoxine, cobalamin, and iron in hypertriglyceridemic men compared to healthy men. In *Proceedings of the Eighth National Congress of Nutrition*. Tehran, Iran (Poster).
12. Fallah, F., **Pourabbas, A.**, & Mahdavi, R. (2004). Evaluation of serum free carnitine levels and intake of carnitine, animal protein, and amino acids lysine and methionine in hypertriglyceridemic men compared to healthy men. In *Proceedings of the Eighth National Congress of Nutrition*. Tehran, Iran (Poster).
11. Fallah, F., **Pourabbas, A.**, & Mahdavi, R. (2003). Study of the relationship between serum free carnitine and lipid profile in women with type 2 diabetes. In *Proceedings of the Second Congress on Prevention of Non-Communicable Diseases* (Razi Conference Center). Tehran, Iran. (Poster).
10. Fallah, F., **Pourabbas, A.**, & Mahdavi, R. (2003). Comparative study of serum free carnitine levels in women with type 2 diabetes with and without chronic complications. In *Proceedings of the Second Congress on Prevention of Non-Communicable Diseases* (Poster). Razi Conference Center, Tehran, Iran (Poster).
9. Fallah, F., **Pourabbas, A.**, & Mahdavi, R. (2003). Evaluation of serum free carnitine levels in primary hyperlipidemic men. In *Proceedings of the Second Congress on Prevention of Non-Communicable Diseases* (Razi Conference Center). Tehran, Iran. (Poster).
8. Fallah, F., **Pourabbas, A.**, & Mahdavi, R. (2002). Antioxidants and chronic diseases of aging. In *Proceedings of the First Congress on Aging Issues in Iran and the World*. Tehran, Iran. (Poster).
7. **Pourabbas, A.**, Fallah, F., & Mahdavi, R. (2002). Arginine and its biological function. In *Proceedings of the Seventh National Congress of Nutrition*. Gilan, Iran (Lecture).
6. Fallah, F., **Pourabbas, A.**, & Mahdavi, R. (2002). The biological role of carnitine in health and disease. In *Proceedings of the 7th National Congress of Nutrition*. Gilan, Iran (Lecture).
5. Fallah, F., **Pourabbas, A.**, & Mahdavi, R. (2002). Comparative study of serum free carnitine levels in hypertriglyceridemia and healthy men. In *Proceedings of the First Congress on Prevention of Non-Communicable Diseases*. Tehran, Iran (Lecture).
4. Fallah, F., **Pourabbas, A.**, & Mahdavi, R. (2000). A review of the role of nutritional factors in the prevention of cardiovascular diseases. In *Proceedings of the Fifth National Congress of Nutrition*. Ahvaz, Iran (Lecture).
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3. Fallah, F., Pourabbas, A., & Mahdavi, R. (2011). Determination of free L-carnitine levels in type II hyperlipidemic diabetic men. In *Proceedings of the Pharma-Nutrition 2011: Discussing the Interface between Pharma and Nutrition*. NH Amsterdam, Netherlands (Poster).

2. **Poorabbas, A.**, Fallah, F., Bagdadchi, J., Mahdavi, R., Aliasgarzadeh, A., Asadi, Y., Koushavar, H., & Vahed Jabbari, M. (2004). Assessment of free L-carnitine levels in type 2 diabetic women with and without complications. In *Proceedings of the IUNS/APCNS International Congress of Clinical Nutrition*. Brisbane, Australia. (Poster).

1. Fallah, F., **Pourabbas, A.**, & Mahdavi, R. (2003). Determination of serum L-carnitine levels in hyperlipidemic men. In *Proceedings of the International Nutrition & Dietetic Congress*. Antalya, Turkey (Poster).

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- Fallah, F., & **Pourabbas, A.** (2005). *Nutrition and Cardiovascular Diseases*.
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